







St. John Vianney Catholic School

Breakfast & Lunch Menu



October 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>Un crustables Strawberry Yogurt Ground Beef Tacos Refried Beans Red Apples</i>	2 <i>Blueberry Muffin Cheese Stick Orange Chicken White Rice Green Beans</i>	3 
4	5 <i>Hash browns Banana Bean Beef Tostadas Fiesta Corn Fresh Oranges</i>	6 <i>French toast Sticks Sausage Grilled Cheese Chicken Noodle Soup Pears</i>	7 <i>Scrambled Eggs Ham Hamburgers Potato Rounds Mixed Fruit</i>	8 <i>Biscuit & Gravy Apple Pepperoni Pizza Corn on the cob Grapes</i>	9 <i>No School Diocesan In-Service</i>	10
11	12 <i>Bagels Cheam Cheese Sausage Beef Nachos Spanish Rice Apple Slices</i>	13 <i>Oatmeal Toast Hot Turkey Sand Mashed Potatoes Veggies</i>	14 <i>Breakfast Burritos Banana Chicken Burger Baby Carrots Pineapples</i>	15 <i>Super Donut Blueberries Sloppy Joes Potato Wedges Mixed Fruit</i>	16 <i>Scrambled Eggs WW Tortillas Ham Cheese Sand Sun Chips Applesauce</i>	17
18	19 <i>Scrambled Eggs Ham Banana Chicken Alfredo Steamed Broccoli Hot Rolls</i>	20 <i>Sausage Biscuit Hash browns Spaghetti Meat Sauce Bread Stick Peaches</i>	21 <i>Belgian Waffles Ham Turkey Deli Wrap Potato Wedges Grapes</i>	22 <i>Breakfast Bagels Peaches Chicken Nuggets Mashed Potatoes Jell-O-Pears</i>	23 <i>Blueberry Muffin Yogurt Granola Hot Dogs Potato Rounds Oranges</i>	24 
	26 <i>Cinnabun Banana Beef Cheese Pasta Hot Rolls Raisons</i>	27 <i>Chorizo & Eggs WW Tortillas Chicken Quesadilla Sweet Corn Apple Sauce</i>	28 <i>Fresh Fruit Blueberry Muffin Mini Corn Dogs French Fries Plums</i>	29 <i>Malt o Meal Toast Sub Sandwich Baked Lays Peaches</i>	30 <i>Assorted Cereal Banana Pepperoni Pizza Carrot Celery Stick Cookies</i>	

All breakfasts includes juice and milk. All Lunches includes salad bar and milk. Breakfast: Student 1:00 Reduced .30; Adult \$1.50; Lunch Student \$2.00; Reduced .40; Adult \$2.50 The USDA is an equal opportunity provider and employer.